

Quick Prawn Curry Recipe Pdf

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dosa food wikipedia

web serving dosa can be stuffed with fillings of vegetables and sauces to make a quick meal they are typically served with a vegetarian side dish which varies according to regional and personal preferences common side items are sambar chutney idli podi or milagaipodi a lentil powder with spices and sometimes desiccated coconut mixed with sesame oil or

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french fries wikipedia

web french fries north american english chips british english finger chips indian english french fried potatoes or simply fries are batonnet or allumette cut deep fried potatoes of disputed origin from belgium and france they are prepared by cutting potatoes into even strips drying them and frying them usually in a deep fryer pre cut blanched and frozen

shrimp and prawn as food wikipedia

web nutrition as with other seafood shrimp is high in protein but low in food energy a shrimp based meal is also a significant source of cholesterol from 122 mg to 251 mg per 100 g of shrimp depending on the method of preparation shrimp consumption however is considered healthy for the circulatory system because the lack of significant levels of

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snack wikipedia

web indonesia has a rich collection of snacks called kue cakes and pastry both savoury and sweet traditional kue is usually made from rice flour coconut milk and coconut sugar and is mostly steamed or fried rather

than baked traditional kue are popularly known as kue basah wet kue that has a moist soft texture because of rich coconut milk kue kering

news and opinion from the times the sunday times and the
web oct 29 2013 jack monroe suggests a spicy nutritious curry that is

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